

**Department of Social Work
Faculty of Behavioral and Social Sciences
University of the Punjab, Lahore
Course Outline**



Semester-1

Programme	BSSW	Course Code	SW-101	Credit Hours	3
Course Title	Introduction to Social Work				
Course Introduction					
<p>This course is designed to provide students with a foundational understanding of Social Work as an academic discipline and a practice-based profession. It explores the field of Social Work within the broader context of social sciences, focusing on addressing social problems and developing effective interventions. The course covers the essential principles, methods, and historical development of Social Work, emphasizing its importance in meeting the needs and challenges of various societal groups. Additionally, it explores contemporary trends, ethical considerations, and the role of Social Work in promoting social justice and human rights.</p>					
Learning Outcomes					
<p>On the completion of the course, the students will:</p> <ol style="list-style-type: none"> 1. Understand fundamental principles and ethical foundations of Social Work. 2. Apply diverse methods of social work practice to address contemporary societal challenges. 3. Analyze historical and current trends in Social Work. 4. Integrate multidisciplinary approaches for holistic social work interventions. 5. Critically evaluate social work structures, policies, and their effectiveness in promoting social justice. 					
Course Content				Assignments/Readings	
Week 1	<p style="text-align: center;">Unit-I</p> <p style="text-align: center;">1.1 Introduction to Social Work</p> <p style="text-align: center;">1.1.1 Definition and scope of social work</p>				

	1.1.2 Philosophical and ethical foundations	
Week 2	Unit-II 2.1 Basic Principles of Social Work 2.1.1 Basic principles of social work 2.1.2 Professional and voluntary social work	
Week 3	Unit-III 3.1 Islamic Perspective on Social Work 3.1.1 Islamic perspective on social work 3.1.2 Contemporary challenges and opportunities in social work	
Week 4-6	Unit-IV 4.1 Modern Concepts in Social Work 4.1.1 Preventive approaches 4.1.2 Curative interventions 4.1.3 Rehabilitative strategies 4.1.4 Empowerment and advocacy 4.1.5 Sustainable development goals and social work	
Week 7-8	Unit-V 1.1 Social Work Methods 1.1.1 Social Case Work 1.1.2 Social Group Work 1.1.3 Community Organization and Development 1.1.4 Social Research	

	<p>1.1.5 Social Welfare Management (Administration)</p> <p>1.1.6 Social Action</p> <p>1.1.7 Policy Practice and Analysis</p>	
Week 9	Mid-Term Exam	
Week 10	<p>1.1.8 Multidisciplinary Approaches</p> <p>1.1.9 Evidence-Based Practice</p>	
Week 11-13	<p>Unit-VI</p> <p>6.1 Fields of Social Work Practice</p> <p>6.1.1 Child Welfare and Protection</p> <p>6.1.2 Healthcare and Medical Social Work</p> <p>6.1.3 Mental Health and Psychiatric Social Work</p> <p>6.1.4 School Social Work</p> <p>6.1.5 Gerontology and Elder Care</p> <p>6.1.6 Correctional Social Work</p> <p>6.1.7 Disaster Management and Humanitarian Aid</p>	
Week 14	<p>Unit-VII</p> <p>7.1 Trends and Issues in Social Work</p> <p>7.1.1 Contemporary trends in social work</p> <p>7.1.2 Emerging issues and future directions</p>	
Week 15	<p>Unit-VIII</p> <p>8.1 Ethical Considerations in Social Work</p> <p>8.1.1 Ethical dilemmas and decision-making</p> <p>8.1.2 Professional codes of ethics</p>	

Week 16	<p>Unit-IX</p> <p>9.1 Historical Development of Social Work</p> <p>9.1.1 Origins and evolution of social work</p> <p>9.1.2 Key milestones in the history of social work</p>	
Week 17	<p>Unit-X</p> <p>10.1 Social Work and Social Justice</p> <p>10.1.1 Role of social work in promoting social justice</p> <p>10.1.2 Advocacy and policy change</p>	
Week 18	Final Term Exam	
Textbooks and Reading Material		
<ol style="list-style-type: none"> 1. Kirst-Ashman, K. K. (2017). <i>Introduction to social work and social welfare: critical thinking perspectives</i>. Boston: Cengage learning. 2. Zastrow, C.H. (2013). <i>The practice of social work: a comprehensive worktext</i>. Belmont: Cengage learning. <p><i>Suggested Readings</i></p> <ol style="list-style-type: none"> 1. Baldock, J. et al. (2003). <i>Social policy</i>. Oxford: Oxford University Press. 2. Blau, J & Abromovitz, M. (2010). <i>Dynamics of social welfare policy</i>. New York: Oxford University Press. 3. Rahmatullah, S. (2000). <i>Social welfare in Pakistan</i>. Karachi: Oxford University Press. 		
Teaching Learning Strategies		
<ol style="list-style-type: none"> 1. Presentations 2. Lectures 3. Assignments 		
Assignments: Types and Number with Calendar		
<p>Class participation and engagement</p> <p>Group work and presentations</p> <p>Individual assignments and quizzes</p>		